

Kier Construction
Complementary/Functional Medical Coverage
effective January 1, 2021

Coba Health 801-404-0200 or 435-757-1713

- A. Surgeries:** When surgeons are selected from the Coba pool of providers, there is **no** deductible or co-insurance. ***All surgeries must be pre-Authorized and approved before they are scheduled.***

Costs and Benefits: Because the Coba Surgical Solution is priced very competitively, Kier Construction will pay 100% of the expenses. This may require a change of providers or surgical centers to receive this ZERO out of pocket benefit. Driving a few extra miles could save THOUSANDS of DOLLARS.

- B. Complementary/Functional Medicine/Holistic & Integrative Health:** This treatment covers Bio-Meridian Stress Assessment, Holistic Health Evaluations, Desensitization Therapy, Ozone Therapy, Craniosacral & Therapeutic Therapies, Structural & Visceral Therapy, Muscle Activation, Massage Therapy, etc., along with vitamins, minerals, homeopathy, and other natural remedies.

Costs, Limits and Benefits: Employees have a \$25 co-pay for office visits and \$15 co-pay per remedy.

- C. Prolozone** - This therapy treats mild to moderate musculoskeletal issues. Prolozone is a combination homeopathic/oxygen treatment that is injected into damaged joints or tissues.

Costs, Limits and Benefits: Employees have a \$35 co-pay.

- D. Prolotherapy** - This therapy treats mild to moderate musculoskeletal issues. Prolotherapy is typically a dextrose solution that is injected into damaged ligaments and joints to trigger the body's natural healing response.

Costs, Limits and Benefits: Employees have a \$35 co-pay.

- E. Regenerative Medical treatment (Platelet Rich Plasma (PRP), Amniotic Fluid Injections, Stem Cells, etc.) – Lite.** This treats mild to moderate musculoskeletal issues.

Costs, Limits and Benefits: Employees have a \$50 co-pay.

This treatment: The appropriate levels of either PRP or New Life Regenerative Medicine (Stem Cells) are injected into the damaged joint or tissue.

Regenerative Medical Treatment (Platelet Rich Plasma (PRP), Stem Cells, etc.) – Full.

This is a treatment for more serious muscular-skeletal issues such as severely torn tendons, ligaments, muscles, and bone on bone joints.

Costs, Limits and Benefits: Employees have a \$50 co-pay.

This treatment may include: Hyperthermia, Pulse Electro Magnetic Field (PEMF), Whole Body Vibration (WBV), and the appropriate levels of either PRP or New Life Regenerative Medicine (Stem Cells) injected into the damaged joints or tissue.

- F. Migraines** – This treatment is for those who suffer moderate to severe headaches that do not respond to other over the counter medications.

Costs, Limits and Benefits: Employees have a \$50 office co-pay.

This treatment may include: Pulse Electro Magnetic Field (PEMF), Health Pod and Whole-Body Vibration (WBV), Oxygen Therapy, Neuro-Feedback and IV infusions (Vitamins).

- G. Depression/Anxiety Treatment** – This treatment is for individuals who are experiencing depression, anxiety and other similar conditions.

Costs, Limits and Benefits: Employees have a \$50 office co-pay.

This treatment may include: Hyperthermia, Pulse Electro Magnetic Field (PEMF), Health Pod and Whole-Body Vibration (WBV), Oxygen Therapy, Neuro-Feedback and/or Hormone Balance.

- H. Functional Cancer/Lyme Treatment**

This treatment may include: Hyperthermia, Pulse Electro Magnetic Field (PEMF), Health Pod and Whole-Body Vibration (WBV), Oxygen Therapy, Nutrition, Enzyme Exercise, RealLife Nutritional supplements, Rife therapy, and IV infusions (Vitamins).

Costs, Limits and Benefits: Employees have a \$50 office co-pay. After-care treatment includes a drink conveniently made by you at home each morning and evening with the Realife Nutritional supplement. The cost for this supplement from Life Health Center is \$15 per box and treatment normally requires 2 boxes per month for 12 months.

- I. IV Therapy** - This therapy is used to infuse the body with vitamins and nutrients directly into the blood stream. The intravenous method is the fastest way to deliver medications and fluid replacement because the circulation carries them throughout the body. Intravenous therapy may be used for fluid replacement (such as correcting dehydration), to correct electrolyte imbalances, to deliver medications, vitamins and or nutrients.

Costs, Limits and Benefits: Employees have a \$15 co-pay for the IV remedy. Allowed limit is \$150 per treatment.

- J. Genetic/DNA testing for Gene to Drug, Drug to Drug, and Food issues** – Different levels of Genetic testing are available based upon the individual needs of the patient.

Costs, Limits and Benefits: Employees pay a 10% co-Insurance and the Plan will pay the balance up to a limit of \$1,800.

This treatment includes: A simple collection of saliva is required. A report is generated that allows the patient and their physician to understand how their body responds to drugs and foods. A customized treatment plan is created based on the results of the DNA test.

- K. Bio-Identical Hormone Pellet Implantation for Hormone Replacement Therapy** - This therapy is used to deliver bio-identical hormone that are inserted into the body.

Costs, Limits and Benefits: Employees have a \$25 office co-pay and a \$15 co-pay for the remedy. Allowed limit is \$300 per implantation. Employees have a \$25 office co-pay for a Pellet Booster, if required.

- L. 340 B Pricing for Pharmaceuticals** - Call **Coba Health** for information on the closest provider.

- M. Acupuncture** - The World Health Organization has recognized acupuncture to treat many different health conditions such as chronic pain, stomach problems, side effects from chemotherapy, insomnia, stress, depression, substance abuse, weight loss, infertility, labor induction, gynecological issues, headaches, diabetes, and hypertension.

Costs, Limits and Benefits: Employees have a \$25 office co-pay and the Plan will pay the balance up to a limit of \$125.

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Item A: **Coba Health**
Lee Jacobsen (801) 404-0200, or
Doug Younker (435) 757-1713

Item B: **Peterson Wellness Center**
1515 North 400 East
Logan Utah 84341
(435) 787-1787

Advanced Health Clinic
630 W. Shepherd Lane
Farmington, UT 84025
(801) 447-8680

Leo De La Torre, CAMTC, LMT
908 West 4375 South
Riverdale, UT 84405
(714) 507-0150

Healthy Living Family Medical
1660 W. Antelope Dr., Ste 320
Layton, UT 84041
(801) 820-5414

Roots and Raices Functional Medicine Inc.
Susan Naylor, NP
1452 E. Ridgeline Drive, Suite #5
Ogden, UT 84405
(385) 919-7668

Spinal Care Center
Allan L. Mecham, DC
1186 E. 4600 S., Suite #220
Ogden, UT 84403
(801) 475-1800

The Health Spot
10011 S. Centennial Pkwy, Ste. #350
Sandy, UT 84070
(801) 566-5350

The Health Spot
1375 East 800 North, Ste. #202
Orem, UT 84097
(801) 607-1566

Laura Sessions
Love My Body Scan
597 Heritage Parkway, Ste. 234
Layton, UT 84041
(801)774-1633

Item C: **Peterson Wellness Center**
1515 North 400 East
Logan Utah 84341
(435) 787-1787

Advanced Health Clinic
630 W. Shepherd Lane
Farmington, UT 84025
(801) 447-8680

Item D: **Healthy Living Family Medical**
1660 W. Antelope Dr., Ste 320
Layton, UT 84041
(801) 820-5414

Heiden Orthopedics
Dr. Joseph Albano
6360 South 3000 East, Suite 210
Cottonwood Heights, Utah 84121
(385) 220-9009

Item E: **Interventional Spine & Pain Management**
Vikas Garg, MD
5801 S. Fashion Blvd., Suite #180
Murray, UT 84107
(801) 262-7246

Healthy Living Family Medical
1660 W. Antelope Dr., Ste 320
Layton, UT 84041
(801) 820-5414

Heiden Orthopedics
Dr. Joseph Albano
6360 South 3000 East, Suite 210
Cottonwood Heights, Utah 84121
(385) 220-9009

Life Health Center
Dr. Marcus Borges
3401 Highway 89
Bountiful, UT 84040
(385) 355-7600

Items F-H: **Life Health Center**
Dr. Marcus Borges
3401 Highway 89
Bountiful, UT 84040
(385) 355-7600

Item I: **Healthy Living Family Medical**
1660 W. Antelope Dr., Ste 320
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3401 Highway 89
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Item J: **Coba Health**
Lee Jacobsen (801) 404-0200, or
Doug Younker (435) 757-1713

Life Health Center
Dr. Marcus Borges
3401 Highway 89
Bountiful, UT 84040
(385) 355-7600

Peterson Wellness Center
1515 North 400 East
Logan Utah 84341
(435) 787-1787

Item K: **Healthy Living Family Medical**
1660 W. Antelope Dr., Ste 320
Layton, UT 84041
(801) 820-5414

Advanced Health Clinic
630 W. Shepherd Lane
Farmington, UT 84025
(801) 447-8680

Dr. Leslie Cooper
BodyLogicMD of Salt Lake City
480 East Winchester St., Suite 220
Murray, Utah 84107
(801) 415-1828

Item L: **Cache Valley Community Health Center**
Brigham City and Logan, Utah
(435) 755-6061

Item M: **Master Lu's Health Center-SLC**
3220 State Street
South Salt Lake, Utah 84115
(801) 463-1101

Spinal Care Center
Allan L. Mecham, DC
1186 E. 4600 S., Suite #220
Ogden, UT 84403

Other providers who offer these or similar solutions may be considered for the approved provider list by contacting Doug Younker at Coba Health (435) 757-1713, or by contacting Human Resources at KIER Construction.